Glucomatous-Type Field Loss Not Due to Glaucoma

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Glucoma on the Brain!
- Yes, we see lots of glaucoma
- Not every field that looks like glaucoma is due to glaucoma!
- If you misdiagnose glaucoma, you could miss other sight-threatening and life-threatening disorders

Types of Glaucomatous Visual Field Defects
- Paracentral Defects
- Nasal Step Defects
- Arcuate and Bjerrum Defects
- Altitudinal Defects
- Peripheral Field Constriction to Tunnel Fields
Visual Field Defects in Very Early Glaucoma

- Paracentral loss
  - Early superior/inferior temporal RNFL and rim loss: short axons
  - Arcuate defects above or below the papillomacular bundle
  - Arcuate field loss in the nasal field close to fixation

Visual Field Defects in Early Glaucoma

- Nasal step
  - More widespread RNFL loss and rim loss in the inferior or superior temporal rim tissue: longer axons
  - Loss stops abruptly at the horizontal raphae
    "Step" pattern
Visual Field Defects in Moderate Glaucoma

- Arcuate scotoma
  - Bjerrum scotoma
  - Focal notches in the inferior and/or superior rim tissue that reach the edge of the disc
  - Denser field defects
  - Follow an arcuate pattern connected to the blind spot
Visual Field Defects in Advanced Glaucoma

- Dense Altitudinal Loss
  - Progressive loss of superior or inferior rim tissue

End-Stage Glaucoma

- Peripheral constriction
  - Loss of temporal rim tissue
  - Temporal “islands” due to remaining nasal rim tissue

- Loss of papillomacular bundle
  - Shrinking central field and visual acuity decrease

Non-Glaucomatous Etiology of Paracentral Field Loss

- Hereditary macular diseases
  - Stargardt’s macular degeneration
  - Cone dystrophy

- Field defects are
  - superior paracentral
  - Superior eccentric fixation
IOPs = 19 mm OD and 20 mm OS with BCVA 20/70 OD and OS

Bilateral superonasal paracentral scotomas

OCT RNFL  
GCA
STARGARDT DISEASE

59 y-o black male

Complains of “recent” difficulty with reading despite maximal add power

VA = 20/50 OD and OS

IOPs OD: 20mm OS: 21mm

Referred for consult as an AMD/GL suspect
Fails color vision test

AMD “rare” in blacks!

Diagnosis: **Cone Dystrophy**
- Symmetry of retinal findings
- Superior paracentral scotomas
- ERG: abnormal cone responses

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**Another Non-Glaucomatous Etiology of Paracentral Field Loss**

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**Referral for Glaucoma**

- 24 y-o black male
- Glaucoma suspect due to
  - Large C/Ds
  - Elevated IOPs (low 20’s) OD and OS
Explain the visual field defect.
Non-Glaucomatous Etiology of Paracentral Field Loss

- Congenital Optic Nerve Head Anomalies
  - Optic pits
  - Incomplete colobomas
  - Cause paracentral field defects along the papillomacular bundle
Non-Glaucomatous Etiologies of Nasal Field Defects

23 y-o white female presents for routine exam
Non-Glaucomatous Etiologies of Nasal Field Defects: Disc Drusen

- Hyaline deposits in the ONH
- Buried in younger patients
  - Blurred disc borders
  - Pseudopapilledema
- Interfere with axoplasmic transport
- Cause optic neuropathy
- Associated with nasal field loss

Screening Patient Glaucoma Suspect

- 66 y.o female presents at a vision screening
- Asymptomatic
- BCVA 20/20 OD and OS
- IOPs
  - OD: 26mm Hg
  - OS: 24mm Hg

IOPs= 26mm OD and 24mm OS

HRT: No Cup-No Red
**Glaucoma? Disc Drusen?**

- Can’t treat the drusen
- Can treat the elevated IOP
- Reduce at least one insult to the optic nerve head
  - Lower the IOP

**Case**

- 39 y-o black female
- Presents for routine exam
- IOPs are
  - OD=22 mm
  - OS=23 mm
- VF: OD full, OS=nasal step-like defect
Non-Glaucomatous Etiologies of Arcuate Field Defects

OD 30 degree visual field

OS 30 degree visual field

63 y-o white male with elevated IOPs and pseudoexfoliative glaucoma

OD

OS

Non-Glaucomatous Etiologies of Arcuate Field Defects

Optic Disc Drusen
63 y-o white male with elevated IOPs

Diabetic Patient

- 36 y-o white female with Type I diabetes
- Uncontrolled blood sugar
- Presents with vague complaints of visual blur OD
  - BCVA 20/20 OD and 20/20 OS
Four months later

Non-Glaucomatous Etiologies of Arcuate Field Defects

Diabetic Papillopathy

- Ischemic event
- Unilateral or bilateral
- Blurred optic disc borders
- Reduced visual function –sometimes reversible
  - VA
  - VF
- Not a papillitis
- Not a papilledema

34 y-o female with Type I diabetes
Persistent and stable field defect OD for 13 years, OS always normal
IOPs always in the low teens
Originally diagnosed as a NTG patient

Non-Glaucomatous Etiologies of Arcuate Field Defects

- Secondary Branch Retinal Artery Occlusions
  - Emboli
    - Cardiovascular disease
    - Uncontrolled diabetes
    - 2+ self-injected drugs

OD three months later
Case

- 23 y-o white male presents for a routine eye exam
- c/o distance vision blur
- BCVA: 20/20 OD (-1.00 DS)
  20/20 OS (-1.25 DS)
Case

- 43 year-old black male presents reporting a “darkness” in his right eye and an inferior shadow of 3 days onset
- Reports “good health”
- Left eye is normal
Your Call

- A. Glaucoma
- B. Branch retinal artery occlusion
- C. Branch retinal vein occlusion
- D. Cilioretinal artery occlusion

Cilioretinal Artery Occlusion

- Causes loss of VA in patients who have a cilioretinal artery (20% of the population have these arteries)
- Result in arcuate scotomas in the papillomacular bundle due to RNFL defects that mimic glaucomatous field loss
Case

- 58 y-o male presents for a routine exam
- Cc: “Needs new reading glasses”
- BCVA: OD: 20/20  OS: 20/20
- External exam: normal OU; IOPs normal
- Gross confrontations
  - Reports he sees examiner’s fingers but not the fingertips in the superior field OD and OS
Patient’s Niece

33 y-o white female physician
Field loss discovered 10 years ago
- As a medical student, was always “testing” herself
BCVA OD 20/20  OS 20/20
Dense Arcuate Glaucomatous Field Loss
- Must rule out photoreceptor involvement.
- Seen in “regional” or “sectoral” types of RP
- In the “affected” area, look for
  - Attenuated arterioles
  - Bone-spicule pigmentation
  - Abnormal multifocal ERGs
- Fundus Aurofluorescent (FAF) abnormalities

Worsening Glaucoma?
- 67 y/o BF
- Diagnosed with POAG based on one visit
  - IOPs OD=28  OS=38
- h/o CRVO OS
  - BCVA OD: 20/20  OS: 20/40
- IOPs maintained in mid-teens with meds
- C/D ratios: 0.3 OD and 0.4 OS
- Worsening visual fields
  - Had SLT
  - Trabeculectomy
Do the visual fields MATCH the RNFL thinning?
Fundus Autofluorescence

Full-Field Flash ERGs
Mildly reduced amplitudes

Pericentral Retinitis Pigmentosa, NOT Worsening Glaucoma!
The “Northern Lights” Are Off!

- 52 y-o Norwegian patient
- c/o superior visual field loss
- Referred to an ophthalmologist who treated patient for glaucoma
- Patient on glaucoma meds for several years
Case

Courtesy: David Horn, OD

- 38 year-old white female
- H/O Multiple Sclerosis
- Presents with 3 year h/o reduced VA in the OS
- BCVA= OD: 20/20  OS: 20/100
Visual Field Defects in Demyelinating Disease

- Very Variable / Some Asymptomatic
  - Central and paracentral scotoma
  - Superior depression
  - Arcuate scotoma
  - Quadrantanopsia and Hemianopsia
  - Peripheral constriction with blind spot enlargement
  - Scattered defects
Inferior Arcuate VF Defect

- 29 year-old Asian female
- History of long-standing inferior field loss OS
- No health history; ? Optic nerve “swelling” OS
- BCVA OD: 20/20 OS: 20/20
- IOPs 16mm OD 17mm OS
- C/Ds 0.2 OD 0.2 OS
- Pupils: 2+ APD OS
- No red desaturation OD or OS
- Normal MRI
Inferior Visual Field Defect

- 73 year-old white male
- Difficulty seeing at night
- BCVA OD: 20/20 OS: 20/20
- T Max 16mm OD 16 mm OS
- Pachs: 583 microns OU
- C/D 0.1 OD 0.1 OS
- Outside practitioner suspected glaucoma based on VF and OCT
- Treated with Timolol 0.5% BID OU; D/C’d on own
VF OD  VF OS

Visual Fields 60-4
Optic Nerve Hypoplasia
Optic Nerve Dysplasia
OS>OD

Non-Glaucomatous Etiologies of Altitudinal Field Loss

- Vascular occlusions
  - Primary branch retinal artery occlusions
  - Hemi-retinal Ischemic vein occlusions with PRP
- Anterior Ischemic Optic Neuropathy
- Chronic papilledema
Primary Branch Retinal Artery Occlusion
TWO CASES OF INFERIOR RETINAL "WHITENING"

Two different field defects

Ischemic Vein Occlusions Treated with PRP

- 59 y-o black male
- Systemic hypertension
- VA=20/400 OD, 20/20 OS
- h/o Ischemic primary branch superior temporal vein occlusion OD treated with PRP
- Glaucoma suspect based on large C/D ratios
  - HRT "Outside normal limits, OD and OS
  - GDx abnormal OU, worse OS
- IOPs: Range 13mm-22mm OD and 15mm-20mm OS
Patient has glaucoma, worse OS
Patient has old hemi-retinal CRVO OD
Lower the IOP
Glaucoma is more challenging to follow OD because of the altitudinal field loss
Case

- 24 y-o black female
- Presents for routine exam
  - Doesn’t like the way she sees out of the glasses she got 3 months ago at an optical chain
  - No other complaints
  - Health history: Has been gaining weight

Exam Findings:
- BCVA: OD=20/30 OS=20/30 Distance/Near
- Anterior Segment structures normal
  - Anterior chambers quiet and deep
- Pupils: PERRLA
- IOPs: 24 mm Hg OD and OS
- Visual field performed
Glaucoma
Idiopathic intracranial hypertension (Pseudotumor cerebri)
Papillitis
Cerebellar Mass

Your Call
Your Call
- Glaucoma
- Idiopathic intracranial hypertension (Pseudotumor cerebri)
- Papillitis
- Cerebellar Mass

DIAGNOSIS:
CEREBELLAR HEMANGIOBLASTOMA

Why So Long to Diagnose This Patient?
- Missed: Symptoms of cerebellar dysfunction
  - Balance problems
    - Patient admits she walked with a wide gait but thought it was because she was gaining weight!
- Missed: Symptoms of increased intracranial pressure
  - Headache
    - Patient did not really complain of headache
- Missed: Symptoms of pituitary compression
  - Hormonal imbalance, loss of menstrual period
    - Patient only told she wasn’t pregnant
Case

- 50 year-old male presents with a complaint of a shadow in his inferior visual field OD for the past 5 days
- No pain
- BCVA OD 20/25 and OS 20/20
- (+) APD OD
- Health history is positive for HTN
  - Atenolol at bedtime
  - Hyzaar BID during the day and evening
Non-Arteritic Anterior Ischemic Optic Neuropathy

- Sudden onset of painless loss of vision and/or visual field
- Usually unilateral
- Typically causes altitudinal field loss
- Hyperemic swollen disc with peripapillary hemorrhages
- Predisposing factors
  - HTN, DM, Ischemic artery disease, CPD, gastric ulcers
  - Nocturnal hypotension
- R/O Other inflammatory /infectious diseases

Management of this case.....

- Consulted with pt’s MD to consider d/c use of meds before bedtime
  - Causes nocturnal hypotension

Case

35 year-old female with long-standing reduced VA in one eye

Non-Glaucomatous Etiologies of Peripheral Field Constriction

- Retinal Degenerative Diseases
  - Retinitis Pigmentosa
  - Choroideremia
- Drugs Causing Retinal and Optic Nerve Toxicity
  - Anti-epileptic drugs
  - Psychotropic drugs
    - Thoridazine and Mellaril
  - Quinine and Chloroquine
  - Drug Overdose
  - Drug Sensitivity
- Optic Neuritis
- AZOOR
Quinine Toxicity

- Caused by quinine overdose
- Hypersensitivity to quinine
- Most common visual consequence is loss of peripheral field

Case of Quinine Overdose

- 43 y-o Hispanic female overdosed on quinine pills Rxd for leg cramps in suicide attempt
- 9 months later, c/o constricted visual fields and “dim” vision

Peripheral Field Loss Secondary to Vigabatrin Therapy

- Anti-epileptic drug
- Upregulates GABA, the major inhibitory neurotransmitter in the retina
  - Introduced in the mid-1980's
  - Successfully treats epilepsy
  - Well-tolerated

Visual Field Loss

- 52% in Lawden et al study
- Concentric bilateral peripheral field loss with temporal and macular sparing
- Abnormal EOG (RPE affected)
- EOG normalizes after drug is withdrawn but visual field abnormality persists.

Other Antiepileptic Drugs Reported to Cause Visual Field Constriction

- Valproic acid
- Carbamazepine
- Phenytoin
- Diazepam
- Tiagabine
Other Antiepileptic Drugs Reported to Cause Visual Field Constriction
- Valproic acid
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Case
- 24 y-o white female
- Recent onset of reduced VA in the left eye
- Optic neuritis OS
Visual Field Defects in Demyelinating Disease

- Very Variable / Some Pts Asymptomatic
  - Central and paracentral scotoma
  - Superior depression
  - Arcuate scotoma
  - Altitudinal loss
  - Quadrantanopsia and Hemianopsia
  - Peripheral constriction

Case: Clinical Findings - 1986

- 34 yo WF c/o loss of peripheral vision nasally in the right eye associated with photopsia and light sensitivity.
- PMHx: (+) infectious mononucleosis x 1 year prior; otherwise medical history was unremarkable.
- BCVA: 20/25 OD
  20/20 OS
- Pupils: 1+ Afferent pupillary defect OD
  - Anterior Segment: unremarkable OU
  - www.retinarevealed.com

Clinical Findings - 1986

- C/D: 0.1 pink, distinct OU
- Macula: normal; flat and intact (+)FR OU
- Vessels: normal caliber and configuration OU
- Periphery:
  - OD: fine pigmentary changes far periphery.
  - OS: questionable early pigment nasally.
- Color vision and Fluorescein angiography normal OU.

Central Visual Fields (8-15-86)

Visual fields with the 24-2 reveal a dense superior arcuate scotoma OD and an enlarged blind spot OS. There was no corresponding retinal abnormality visible with ophthalmoscopy.
Clinical Findings-1986

- Mild area of pigmentation in far periphery failed to correspond to the region of most intense visual field loss.
- **Other tests:**
  - ERG: ERGs were reduced in amplitude OD>OS
  - VEP: Normal OU
- Several retinal specialists concluded that all the findings supported a mild inflammatory process but not a degenerative disorder.

Exam 2009 (23 yrs later)

- **CC:** Progressive decreased vision in her Left eye.
- **BCVA:** HM OD 20/70 OS
- **Pupils:** 4+ APD OD
- **Anterior segment:** unremarkable except for mild cataracts not contributing to vision loss.
- **Posterior Segment:**
  - (+) Posterior Vitreous Detachment OD
  - Widespread pigmentary clumping OD greater than OS.

Fundus findings:
Visual Fields only obtainable by left eye (10-23-09)
Central Visual Field 30-2

The fovea extremely attenuated with no PIL.

The retina is also attenuated with no PIL is present.

- Full-Field ERG is extinguished under all conditions tested.
Based on fundus findings now—diagnosis would most likely be retinitis pigmentosa. Based on initial presentation—this patient was diagnosed with AZOOR 2 decades ago.

**AZOOR**
- Acute zonal occult outer retinopathy
- Rapid loss of one or more zones of the outer retina
  - Zones of pigment epithelial atrophy
  - Part of the spectrum of MEWDS and AIBSE
- Rapid, acute and permanent field loss
  - Enlarged blind spot
  - Arcuate field loss
  - Temporal and nasal field loss
  - Peripheral constriction
- Photopsia
- Abnormal ERG
  - Full field ERG is normal in glaucoma

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Composite image of color photographs of the right eye (A) and left eye (B)


Automated static perimetry: visual field test results of the right eye (A) and left eye (B)

SUMMARY

- Paracentral Field Loss
  - Hereditary macular disease
  - Congenital optic disc anomalies
- Optic pit
- Nasal Field Defects
  - ONH Drusen
- Bjerrum/Arcuate Defects
  - 2° BRAO
  - Regionalized photoreceptor diseases
  - Diabetic Papillopathy
  - Demyelinating disease
  - AZOOR and white dot diseases on this spectrum
- Altitudinal
  - 1° BRAO
  - Ischemic optic neuropathy
  - Ischemic Hemicentral Vein Occlusions
  - Compressive intracranial lesions
- Peripheral Constriction
  - Hereditary degenerative disease
  - Drug Toxicities
  - Demyelinating Disease
  - AZOOR

THANK YOU!

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